



## Day Camp Equipment List

Mountain weather can change very quickly. A sunny warm day in town will be much cooler up in the mountains and can easily change to cold and rainy in minutes. Children need to have all of the items below to prevent discomfort.

At Mountain Kids each child carries their own backpack with the items listed, except for extra clothes. We keep extra clothes in a separate tub for when they need them. Please be sure they have a comfortable backpack they can carry everything. Please label all of your child's belongings.

### **Pack the following each day of camp:**

- A labeled booster or car seat (you may leave it for the week or pick it up each day)
- Comfortable, broken-in hiking boots or running shoes, and sandals (for wet locations)
- Sunscreen and lip protection labeled with your child's name
- Sun hat (broad brimmed hats are best to protect ears and skin)
- Healthy sack lunch and two snacks (lightweight containers preferable)
- Filled, non-leaking water bottle, at least 24 oz.
- Lightweight rain jacket – this is essential! If you do not have one or do not wish to purchase one, a rain poncho, or even a trash bag works in a pinch.
- Fleece jacket – this may be packed with extra clothes during very hot weather
- A spare pair of clean, dry socks (carry in backpack)
- Please do not pack glass items

### **Extra Clothes**

Please pack these in a separate ziploc bag labeled with your child's name and bring it on the first day of camp. They will be kept in our Adventure Van for the duration of their enrollment in case of rain or water-soaked clothing. An additional pair of shoes or sandals is also recommended should their feet get wet and dirty.

- fleece jacket
- shirt
- pants (or shorts)
- underwear
- socks