



Overnight Camping Equipment List

Gear

Backpack or duffel bag for all gear
Tent (if you have one)
Sleeping Bag
Sleeping Pad
Headlamp or flashlight
Water Bottle
Dishes (metal or plastic): 1 bowl, 1 cup, 1 spoon, 1 fork

Toiletries

Sunscreen
Toothbrush/toothpaste
Insect Repellent

Clothing (to wear or pack)

Stuff Sacks or plastic bag for clothing
1 Sunhat
1-2 T-shirts
1 Set Long Underwear (top and bottom) – non cotton, polypropelene (for cold nights and sleeping)
1 Pair Shorts
1 Pants (quick drying, if possible)
1 Fleece Jacket
1 Rain Jacket and Pants (or extra pair of pants)
1 Warm Hat and Gloves
2 Pairs Underwear
1 Bandana (if available)
2 Pair Synthetic or Wool Socks
Hiking Boots and Sturdy Sandals (Keens or other)
Swimming suit and towel (for Abiquiu Lake, or other watery location)

Food:

Lunch for the day of departure. We will supply snacks, dinner, breakfast and lunch

Optional:

Camera
Whistle
Additional survival gear, art supplies, or items related to camp theme.